



## STAY IN TOUCH

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SCAN  
ME



reStart

AMPLIFYING YOUTH VOICES

*Listen, Engage, Empower.*

# LEARN FROM YESTERDAY LIVE FOR TODAY

In 2023, nearly 1/3 of the 1,451 program participants we served were under the age of 24.

Through our Youth Emergency Shelter, Family Program, Youth Rapid Re-housing and Transitional Living Programs, we have seen a growing need over each of the last three years.

In these pages, you will discover the powerful voices of six young individuals who have experienced homelessness.

While facing immense adversity and struggle, these youth find hope, a way to share their voice, and resilience for their futures.



# FOR TOMORROW



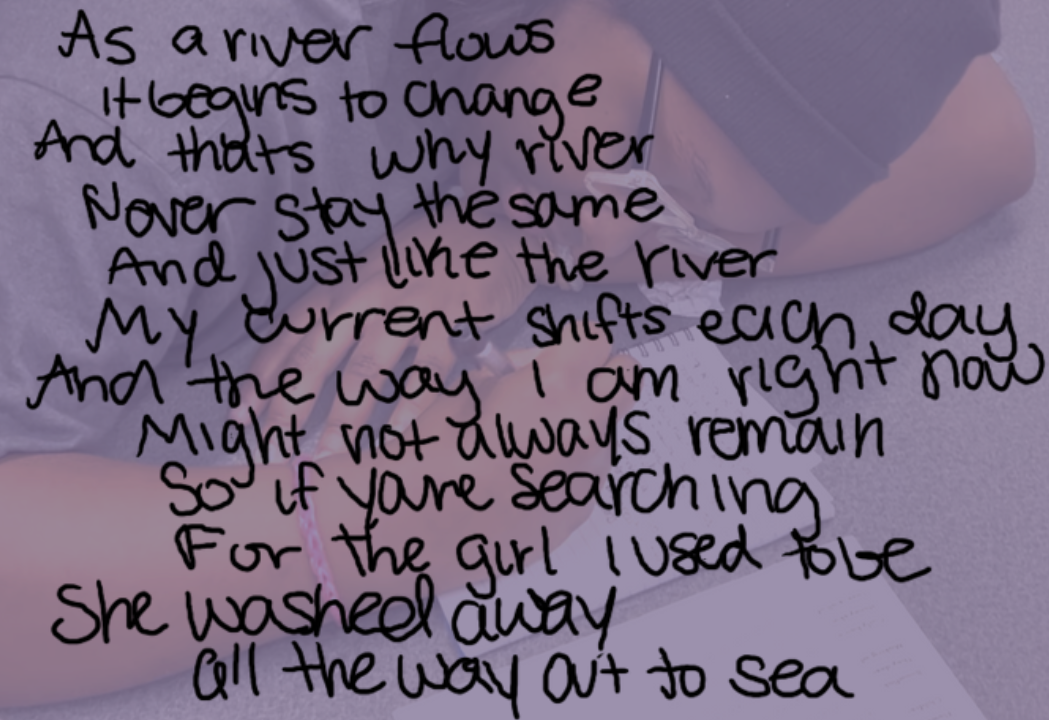
Dear god is a Saver  
god is a lover  
god is hope  
god helped us with are struggles  
he helped us  
no matter what it was  
god treat us with love  
he treat us with kindness  
JESUS died on a cross for us  
he Pastel for us  
he is a Saver  
he is a blesin  
he did everything for us  
Marie is kind  
She is beut eful  
She is also a Saver  
She is also a lover  
She is great  
She has a sacrificed husband  
She has a sacrificed Son  
we love are people.

Marcus B

MB, age 6  
Family Program  
Single mom in need of shelter for family

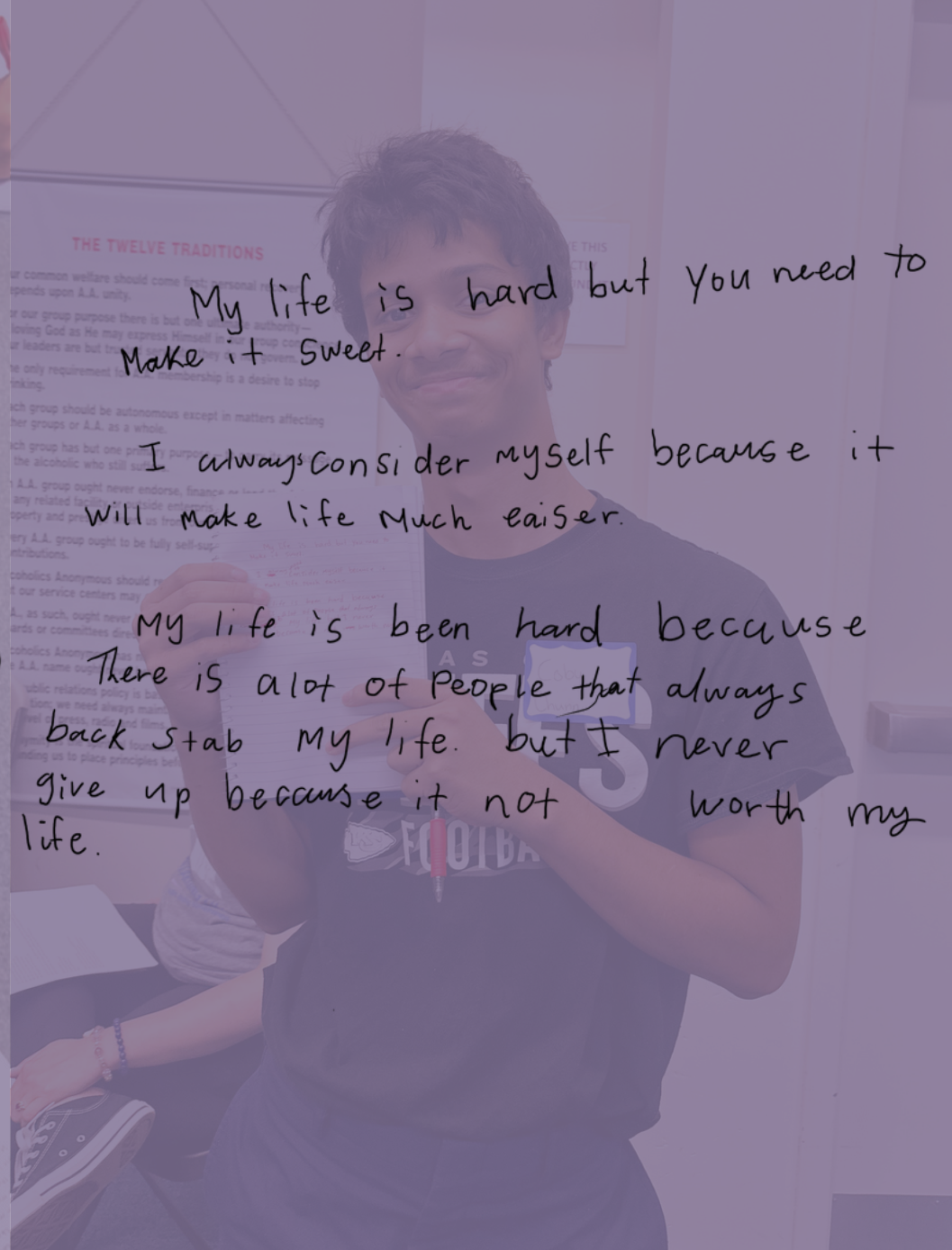
7. Humbly asked Him to remove our shortcomings.  
Stop. Go. Stop. Go. stop. Now God.  
Constant cycle the same repeat  
Spiraling and spinning But mostly running  
What is this that is so chaotic?  
I keep asking myself this  
Everything I see, smell, touch, hear & taste  
Is a constant reminder of this craziness  
What do I need to do to heal  
Maybe breath, think, relax  
Is that enough for me, will it ever be enough  
I pray that it will but, in reality is it true?  
Questions, so many questions  
Over and over again trying to escape  
But maybe I need to sit here  
To reflect to break my own chains  
Chains from constant generational/curses  
As I write I began to breathe  
In and out, In and out  
finally a release  
finally peace  
And I don't ever want to loose this feeling

JC, age 16  
Youth Emergency Shelter  
Between foster placements



As a river flows  
it begins to change  
And that's why river  
Never stay the same  
And just like the river  
My current shifts each day  
And the way I am right now  
Might not always remain  
So if you're searching  
For the girl I used to be  
She washed away  
All the way out to sea

N, age 15  
Youth Emergency Shelter  
Looking for foster placement



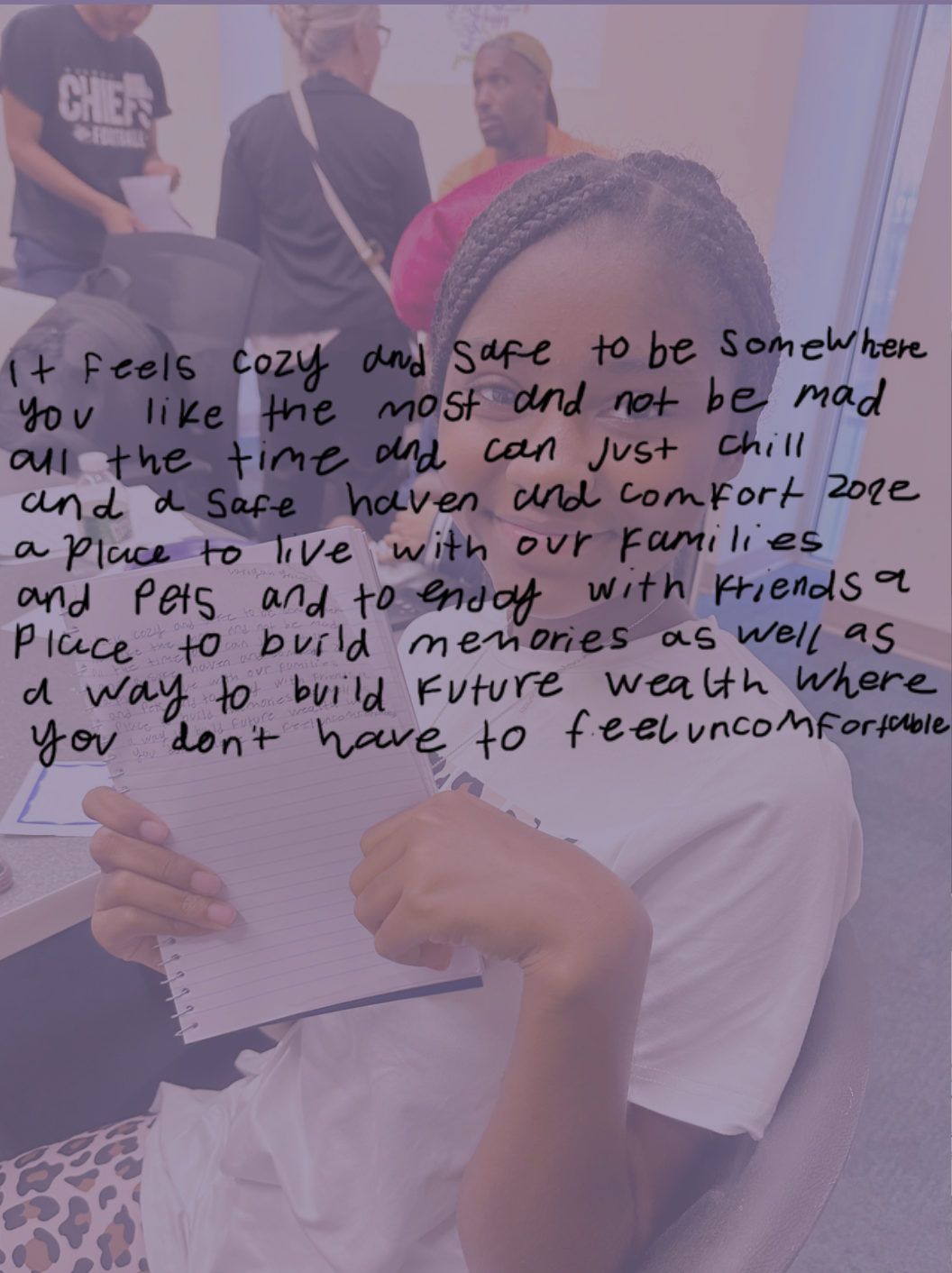
My life is hard but you need to  
Make it Sweet.

I always consider myself because it  
will make life much easier.

My life is been hard because  
There is a lot of people that always  
back stab my life. but I never  
give up because it not worth my  
life.

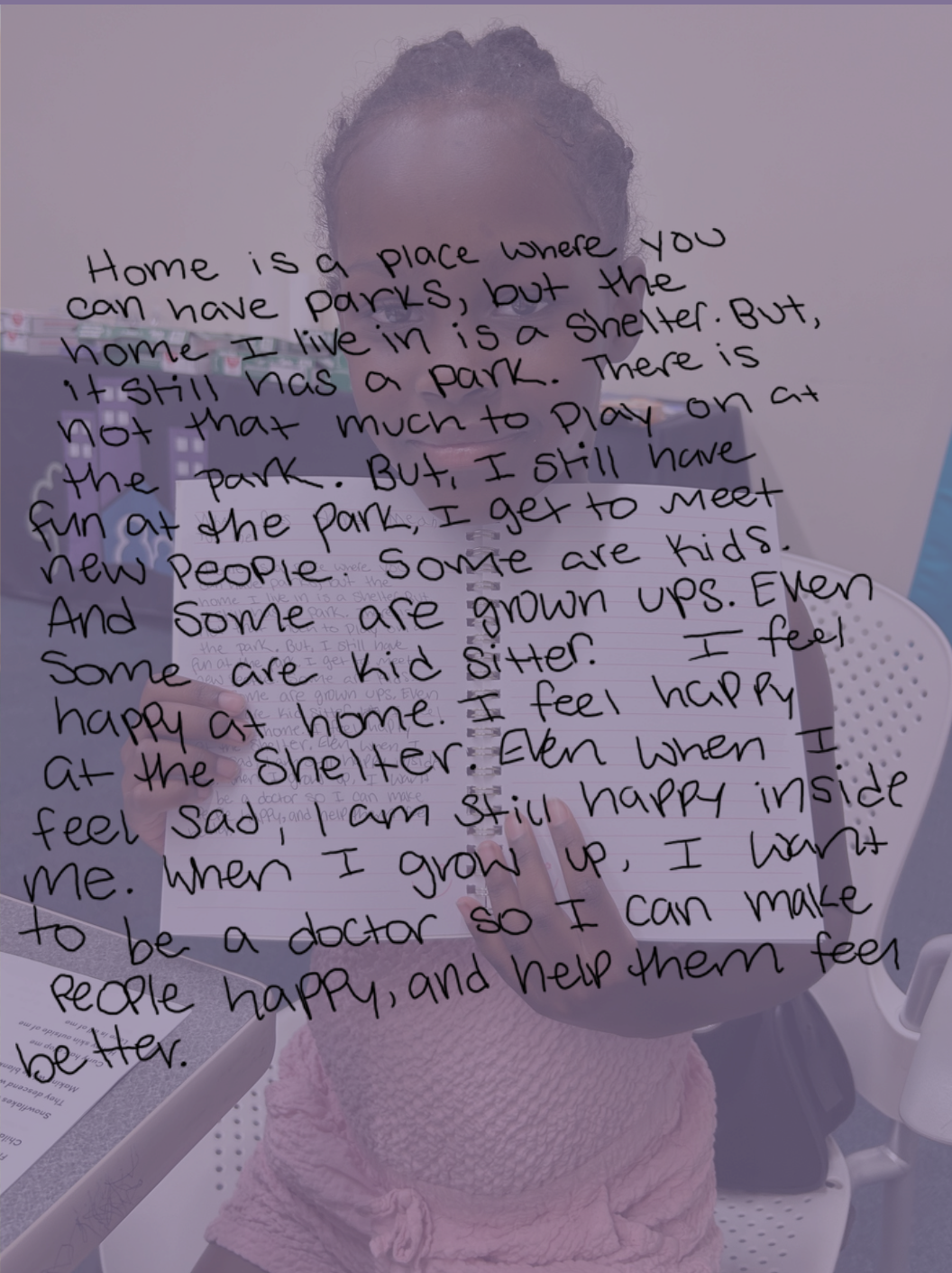
C, age 15  
Youth Emergency Shelter  
Parents are both deceased

L, age 12  
Family Program  
Family fleeing domestic violence



It feels cozy and safe to be somewhere you like the most and not be mad all the time and can just chill and a safe haven and comfort zone a place to live with our families and pets and to enjoy with friends a place to build memories as well as a way to build future wealth where you don't have to feel uncomfortable

K, age 9  
Family Program  
Single mom seeking assistance



Home is a place where you can have parks, but the home I live in is a shelter. But, it still has a park. There is not that much to play on at the park. But, I still have fun at the park, I get to meet new people. Some are kids. And some are grown ups. Even some are kid sitter. I feel happy at home. I feel happy at the shelter. Even when I feel sad, I am still happy inside me. When I grow up, I want to be a doctor so I can make people happy, and help them feel better.